

VETERAN'S PATH AND ADAPTIVE SPORTS ASSOCIATION

# 2022 Upper San Juan River Trip



## Together We...Retrain and Reconnect

Providing evidence-based meditation and mindfulness training for veterans at no cost. We leverage the AMP™ Framework developed and taught by veterans. ASA provides rafts, inflatable kayaks, and paddle boards along with all camping equipment, fabulous food, and an amazing team of guides to help support the adventure.

[www.veteranspath.org](http://www.veteranspath.org) for more Informaion



**August 1 - 6, 2022**

**Leaving/Returning from Durango, CO**

